

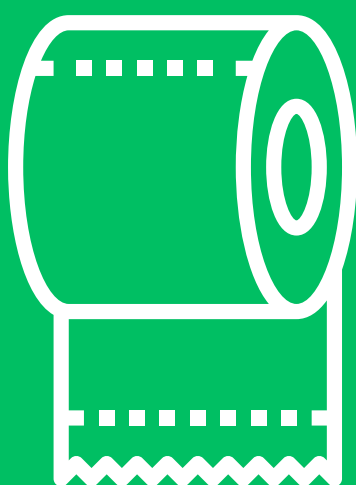
Let's talk about...

# BOWEL SCREENING

YOUR NEXT POO COULD SAVE YOU

## WHO IS INVITED?

Anyone aged 60 to 74 will be offered a Faecal Immunochemical Test (FIT) to complete at home.



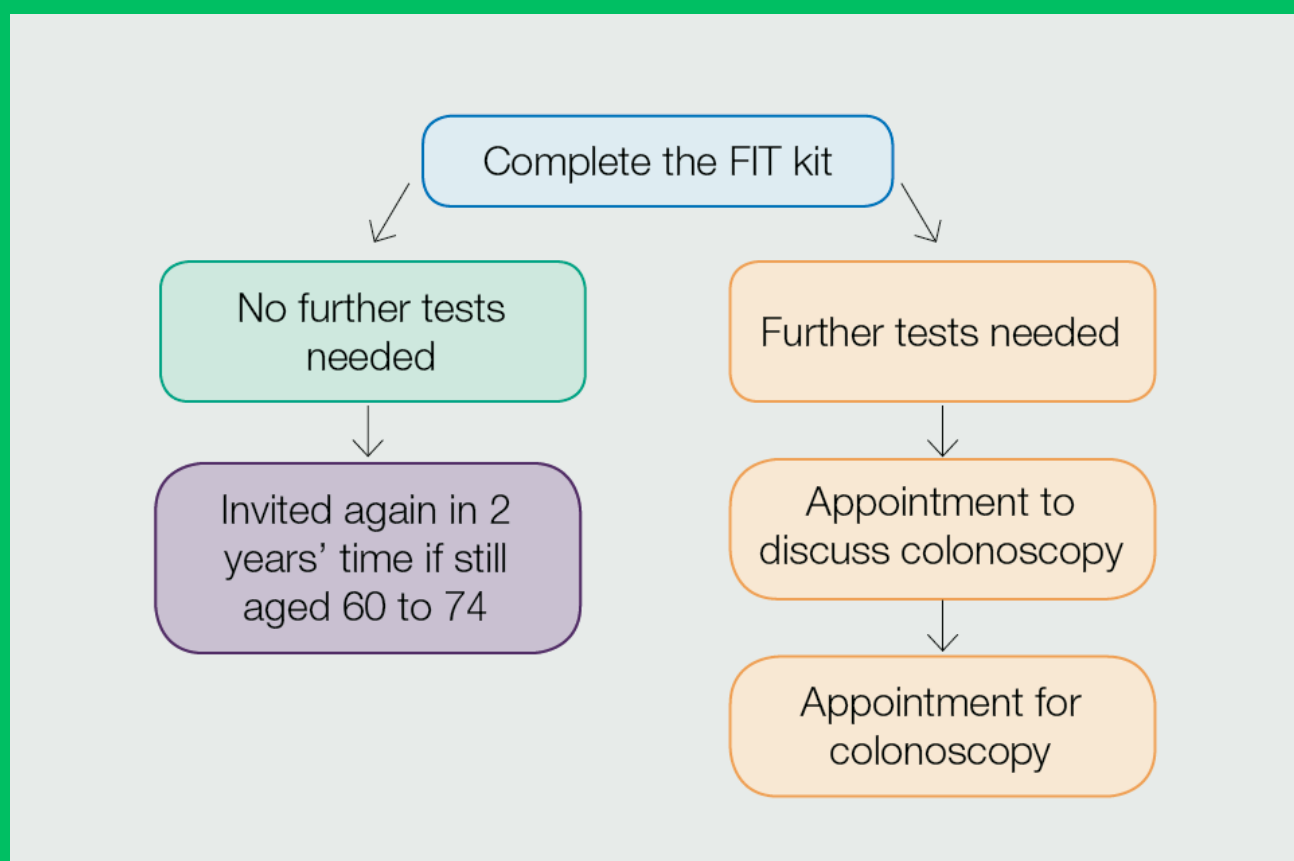
## HOW IS THE TEST DONE?

The kit will be delivered to your home and is easy to complete. Catch your poo in a container and use the brush to collect a small sample. Pop the brush back in the bottle, label up the container and post it back.

YOU DON'T NEED AN APPOINTMENT TO COMPLETE THE TEST

## WHY SHOULD I DO THE TEST?

Your sample will be checked for tiny traces of blood that you would not be able to see. This is because polyps and bowel cancers sometimes bleed. Finding blood does not diagnose bowel cancer but it may mean you need further tests. Most people's results will come back clear.



HAVING BOWEL CANCER SCREENING REDUCES YOUR RISK OF MORTALITY BY AT LEAST 25%